

Engaging Middle and High School Students in 21st CCLC Programs: Keys to Success!

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September 18, 2012

Goals for Today

- Discuss the importance of working with older youth and the foundations for success
- Review the strategies that help build that foundation
- Learn about the resources offered by **AZ REACH**

Key Message

The foundation for successfully working with all youth, especially middle and high school youth:

Is providing high-quality programs and opportunities that are built on a Positive Youth Development approach

Working with Older Youth

- Why is working with older youth so important?
- What are the challenges working with older youth?
- What do we need to be successful?

Strategies for Success

- Professional Development
 - Supports the implementation of high quality programs of any type
- High quality activities
 - Selecting programs with demonstrated outcomes ensures youth succeed
- Program Evaluation
 - Demonstrates effectiveness and builds sustainability

AZ Center for Research and Outreach (AZ REACH)

- Supports professionals working with and on the behalf of children, youth, and families utilizing strategies including:
 - Translating research for community/ applied use
 - Providing interactive learning opportunities
 - Building communities of practice
 - Designing and implementing program evaluations
 - Conducting applied research studies

AZ REACH

- Provides resources that support the mission of CCLC's:
 - Providing high-quality out-of-school programming that support academic achievement
 - Providing meaningful opportunities
 - Supporting family engagement.

AZ REACH

- Interactive learning opportunities and professional development that build skills and competencies in the foundations of Positive Youth Development
- Access to searchable database to locate evidence based programs
- Evaluation information and vetted resources to implement quality evaluation

Military REACH

Supporting military families through
research and outreach



<http://reachmilitaryfamilies.arizona.edu>

RESEARCH

Putting Research to Work

Concise reviews of research related to military families, child development and youth programs

Search by topic area

The screenshot displays the website's layout. On the left is a red sidebar with the title 'Research' and a list of links: 'Putting Research to Work for Military Families', 'Research Briefs', 'Video Presentations Archive', 'Research Reports', 'How-To Guides', and 'Search the Research'. The main content area is titled 'Putting Research To Work for Military Families' and includes a breadcrumb trail 'Home » Research'. Below this is an introductory paragraph about the PRTW series. A bulleted list follows, detailing the review process: it reviews single research articles, highlights key findings, articulates implications for policy, provides quality ratings using the 'Assessing Research that Works' system, is reviewed by experts in child and adolescent development, and includes research from the past 10 years. Below the text is a section titled 'Select a topic to browse *Putting Research to Work* reviews:' which contains six topic-based buttons with corresponding images: 'Military Children' (a group of children), 'Military Spouses and Couples' (a woman holding a baby), 'Military Service Members' (two soldiers), 'Child and Youth Programs' (a group of children in a room), 'School and Classroom Practices' (a classroom scene), and 'Child Development' (a young child).

Research

- Putting Research to Work for Military Families
- Research Briefs
- Video Presentations Archive
- Research Reports
- How-To Guides
- Search the Research

Putting Research To Work for Military Families

Home » Research

Putting Research to Work for Military Families (PRTW) is a series of article reviews that focuses on research relevant to military families, and provides useful information on the implications of this research for programs, policies, and future studies (scroll down to browse PRTW reviews). A Putting Research to Work document

- Reviews a single research article published in a peer-reviewed journal
- Highlights the key findings of a study
- Articulates, above and beyond what the authors may have explicitly stated, how the study can inform programs supporting children and youth in military families, the potential considerations for policy related to early childhood and youth programs, and the avenues for additional research that are opened by the study
- Provides a rating of the quality of the research using the [Assessing Research that Works](#) rating system
- Is reviewed by leading experts in areas such as child and adolescent development, and positive youth development programming
- Includes research published in the past 10 years in a variety of relevant domains, including: positive youth development, early childhood and youth programs, and military families

Select a topic to browse *Putting Research to Work* reviews:

- Military Children**
- Military Spouses and Couples**
- Military Service Members**
- Child and Youth Programs**
- School and Classroom Practices**
- Child Development**

Search for high-quality youth programs

Search a database of nearly 500 programs by Youth Outcome and Target Population



The screenshot shows the Military REACH website. At the top is the University of Arizona logo and navigation links: HOME, RESEARCH, PROFESSIONAL DEVELOPMENT, LIVE LEARNING LAB, PARTNERS, and LOGIN. The main header features the REACH logo (silhouettes of a family) and the tagline "Supporting Military Families Through Research and Outreach". A search bar is located in the top right. On the left, a sidebar contains three filter sections: "Youth Outcome" with checkboxes for Academic Issues, Behavior and Mental Health Problems, Drug and Alcohol Use, Juvenile Justice, Life Skills, Life Skills and Mentoring, Mentoring, Physical Aggression and Violence, and Risky Sexual Behavior; "Target Population" with checkboxes for High School and Middle School; and "Program Rating" with a checkbox for Top-Performing. A purple arrow points from the text box on the left to the "Youth Outcome" section. The main content area is titled "Search for Programs" and includes a breadcrumb "Home » Research". It contains a paragraph about out-of-school time (OST) youth programs, a photo of four youth sitting on a bench, and a paragraph about top-performing programs. Below this is a search input field and a "GO" button. The footer includes logos for John & Doris Norton School of Family and Consumer Sciences, USDA, and Arizona Cooperative Extension, along with links for Contact Us, Security, Privacy, and Accessibility.

THE UNIVERSITY OF ARIZONA®

HOME RESEARCH PROFESSIONAL DEVELOPMENT LIVE LEARNING LAB PARTNERS LOGIN

Search

REACH
Supporting Military Families Through Research and Outreach

Youth Outcome

- ☐ Academic Issues
- ☐ Behavior and Mental Health Problems
- ☐ Drug and Alcohol Use
- ☐ Juvenile Justice
- ☐ Life Skills
- ☐ Life Skills and Mentoring
- ☐ Mentoring
- ☐ Physical Aggression and Violence
- ☐ Risky Sexual Behavior

Target Population

- ☐ High School
- ☐ Middle School

Program Rating

- ☐ Top-Performing

Search for Programs

Home » Research

Young people spend approximately 80% of their time outside of school. Out-of-school time (OST) youth programs serve as important contexts to engage young people in productive activities that foster personal growth and skills. To provide practitioners and policy makers with a resource for finding evidence based youth programs, the Military REACH team has developed a searchable database of nearly 500 youth programs.

In addition to providing a centralized database, the Military REACH team has identified Top-Performing programs through our review process. These programs are identified in our database with a [★] beside the program name.

Enter in a keyword below or refine your search by clicking on the boxes shown on the left.

GO

John & Doris Norton School of Family and Consumer Sciences

USDA

ARIZONA COOPERATIVE EXTENSION

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High Quality Youth Programs

How might this database be useful to you?

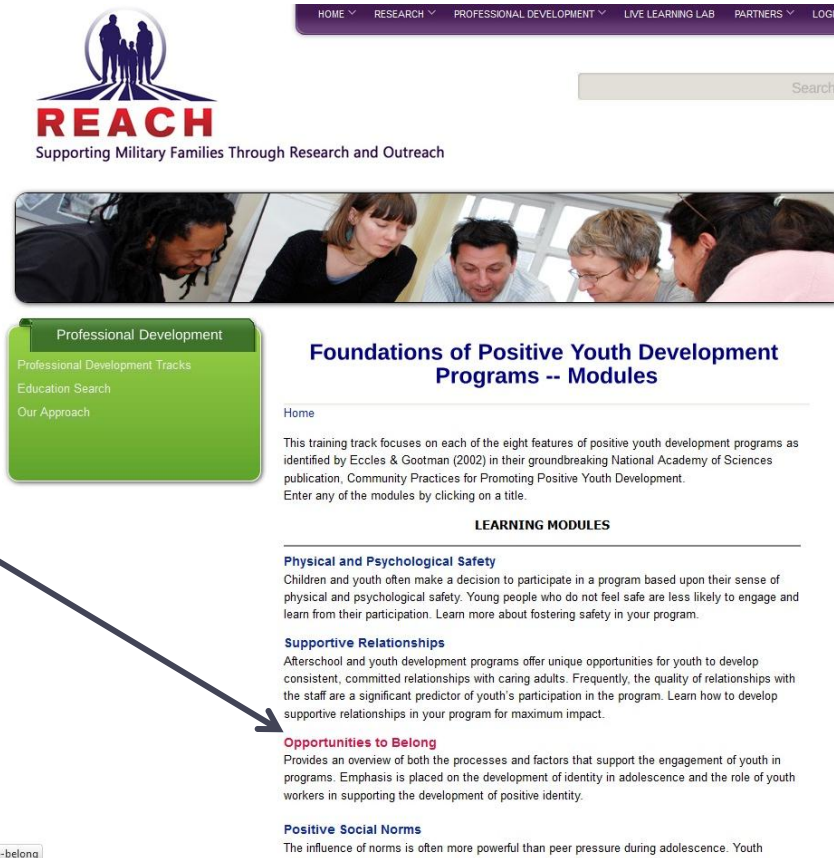
- Search the programs on MilitaryREACH to identify top-performing programs in the area of Academic Achievement

What are the top-performing programs that support academic achievement?

OUTREACH

Online Learning Platform

User begins by reading the description and selecting the appropriate module



REACH
Supporting Military Families Through Research and Outreach

HOME ▾ RESEARCH ▾ PROFESSIONAL DEVELOPMENT ▾ LIVE LEARNING LAB PARTNERS ▾ LOGIN

Search

Professional Development

- Professional Development Tracks
- Education Search
- Our Approach

Foundations of Positive Youth Development Programs -- Modules

Home

This training track focuses on each of the eight features of positive youth development programs as identified by Eccles & Gootman (2002) in their groundbreaking National Academy of Sciences publication, *Community Practices for Promoting Positive Youth Development*. Enter any of the modules by clicking on a title.

LEARNING MODULES

Physical and Psychological Safety
Children and youth often make a decision to participate in a program based upon their sense of physical and psychological safety. Young people who do not feel safe are less likely to engage and learn from their participation. Learn more about fostering safety in your program.

Supportive Relationships
Afterschool and youth development programs offer unique opportunities for youth to develop consistent, committed relationships with caring adults. Frequently, the quality of relationships with the staff are a significant predictor of youth's participation in the program. Learn how to develop supportive relationships in your program for maximum impact.

Opportunities to Belong
Provides an overview of both the processes and factors that support the engagement of youth in programs. Emphasis is placed on the development of identity in adolescence and the role of youth workers in supporting the development of positive identity.

Positive Social Norms
The influence of norms is often more powerful than peer pressure during adolescence. Youth

<http://reachmilitaryfamilies.arizona.edu/prodev/lm/opportunities-to-belong>

Modules Build the **Foundation**

- Research-based, applied concepts provide information that supports development of **ALL** high quality youth programs
- Supports **quality** through education about key elements of Positive Youth Development
- Coaching and managing modules support current and emerging leaders to develop **key competencies**

Youth Development is **Foundational** to Young People's Success

8 Essential Elements

- Physical and Psychological Safety
- Appropriate Structure
- Supportive Relationships
- Opportunities to Belong
- Positive Social Norms
- Support for Efficacy and Mattering
- Opportunities for Skill Building
- Integration of School, Family, and Community Efforts

Clubs
YMCA
Boys and Girls
Clubs
Mentoring
Faith-Based
Groups

After-School
Programs
Sport Teams
Girl Scouts
Boy Scouts
Tutoring

so **Youth** can Learn:

To Be Productive
To Connect with Others
To Navigate Multiple
Environments Successfully

so as **Adults** they Achieve:

Economic Self Sufficiency
Healthy Family and Social
Relationships
Community Contribution

Learning Modules:

3 tracks 21 modules

Foundations of Positive Youth Development Programs

9 Modules

- What is Positive Youth Developmentt and Why Does it Matter?
- Physical and Psychological Safety
- Supportive Relationships
- Opportunities to Belong
- Positive Social Norms
- Appropriate Structure
- Support for Efficacy and Mattering
- Opportunities for Skill Building
- Integration of School, Family and Community Efforts

Coaching and Managing for Success

6 Modules

- Building Effective Teams
- Get the Right People on the Bus: Attracting Hiring and Retaining Youth Development Staff
- Effective Facilitation for Productive Trainings and Meetings
- Program Management and Leadership
- Coaching for Performance
- Essentials of Volunteer Mngmt.

Learning Modules

How can these learning modules contribute to your program?

- The 9 learning modules are interactive and self-paced, a great opportunity for on-going professional development

How can we provide ongoing professional development to support the quality of our programming?

I want to learn more about how my program can bring people together to address community issues.

- Check out the module **Integration of Family, School and Community Efforts**

Evaluation Focused Learning Modules

Program Evaluation Toolkit

8 Modules

- Planning for Effective Program Evaluation
- Focusing on Evaluation
- Evaluation Questions and Design
- Evaluation Methods
- Collecting and Handling Data
- Analyzing Your Data
- Communication Evaluation Results
- Program Management



CYFERnetSEARCH.org

Resources and Tools to Build Evaluation Capacity

LEARN

Learning Modules

FAQs

Video Resources

Archived Resources

Glossary

Blog/Online Forum

BUILD

Build Your Account

Log In to Your
Account

Build Your Logic
Model

Build Your Survey

EVALUATE

Searchable Database
of Evaluation
Instruments

CYFAR Common
Measures

Technology and
Evaluation

Data
Upload/Download

REPORT

CYFAR Annual Report

Generate a Report

Access to High-Quality Resources

search a database of **150+ vetted evaluation measures**

Search Evaluation Instrument Database
Use the form below to filter the list of evaluation results.

Instrument Type

- ☐ CYFAR Approved Common Measures
- ☐ CYFAR Vetted Additional Instruments
- ☐ Other Useful Measures
 - ☐ 4-H Healthy Living
 - ☐ Youth Engagement, Attitudes & Knowledge (YEAK)

Construct Area

- ☐ Civic Engagement
- ☐ Civic Responsibility
- ☐ Leadership Development
- ☐ Life Skills
- ☐ Nutrition
- ☐ Parenting
- ☐ Physical Activity
- ☐ Positive Youth Development
- ☐ Risk Behaviors
- ☐ School Climate
- ☐ Science
- ☐ Technology
- ☐ Workforce Preparation

Target Population

- ☐ Adults
- ☐ College
- ☐ Boys
- ☐ Elementary School
- ☐ Girls
- ☐ High School
- ☐ Middle School
- ☐ Parents

Reading Level

- ☐ 3rd - 4th grade
- ☐ 5th - 6th grade
- ☐ 7th - 8th grade
- ☐ 9th - 10th grade
- ☐ 11th - 12th grade

Items per page: 5

Instrument	Description
30 Day Use ATODs	This 27-item scale measures 30 day use of ATODs.
Active and Engaged	This 26-item scale is an integrated measure of civic engagement that assesses emotional, cognitive, and behavioral components.

Search by age and topic area

access **reliability and validity** information

Active and Engaged Citizenship

This 26-item scale is an integrated measure of civic engagement that assesses emotional, cognitive, and behavioral components.

Developers: Bobek, D. L., Zaff, J. F., Li, Y., and Lerner, R. M. (2009)

Instrument File: [Active and Engaged Citizenship \(All Youth\) \(Bobek\)_2.pdf](#)

Psychometrics File: [Active and Engaged Citizenship \(All Youth\) \(Bobek\)_1.pdf](#)

Instrument Type:

CYFAR Vetted Additional Instruments 4-H Healthy Living

Construct Area:

Civic Engagement

Target Audience:

High School Middle School

Reading Level:

5th - 6th grade

Available Language:

English

Cost:

No-Cost

Download a PDF

Evaluation Tools

How can these evaluation tools support programs for older youth?

- Search the database of vetted evaluation measures to find measures. In science, choose from 6 measures that evaluate
 - Interest in Science
 - Enjoyment of Science
 - Attitudes towards Science

I want to measure the impact of a STEM focused component on High School students attitudes towards science.



Live Learning Lab Coming Soon!

Video observation and interactive features:

- Observational tool that will provide feedback regarding program quality and staff strengths and development areas
- Improve skills via one-to-one coaching sessions
- Support professional development in a secure and research-based environment

Creating and Sustaining Programs for Older Youth!

Where do we go
from here?

Thank you!

Please Visit:

reachmilitaryfamilies.arizona.edu
cyfernetsearch.org

For more information contact:

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